

# November 2023

SUNDAY
MONDAY
TUESDAY
WEDNESDAY
THURSDAY
FRIDAY
SATURDAY

# SPRUCE VILLA

			<p>Fun and Fitness. 1 10 AM Catholic Mass</p> <p>2PM Vicki Spurrell-MPR Dementiabilities: Sorting Scattegories</p>	<p>Fun and Fitness 2 'Bazaar Set Up'</p> <p>Music Appreciation</p>	<p>Fun and Fitness 3 Christmas Bazaar-MPR</p> <p> Friday Night Pub: Mocktails</p>	<p>Morning Muffins: Baking 4 2PM Cody Vereecken Shooting Hoops</p> <p>Evening Reminiscing</p>
<p>Short Stories 5 Time Trivia Lawrence Welk Hastings Bible Park Church Service Virtual Senic Drive OBIE Turn Back Time!</p>	<p>Fun and Fitness 6 Music &amp; Hand Massages 10 AM Resident Council Art Therapy: Poppies 1:30 Pet Therapy Friendly Visits. Finish The Phrase</p>	<p>Morning Walks to the Cafe 7 Yoga</p> <p>2PM Resident Floor Mtg. Dog Gone It: Guess the Dog Breed Evening Unwind: Relaxation Music</p>	<p>Fun and Fitness 8 Tongue Twisters</p> <p>Chalk and Cheese: Wheel of Fortune</p>	<p>Fun and Fitness 9 Conversation Catch</p> <p>Pumpkin Putt Putt Smile Time Finish The Song Title 50's Theme</p>	<p>Fun and Fitness 10 10 AM Rosary &amp; Holy Communion</p> <p>Birthday Social B/S Name That Tune: Christmas No Yawn Yoga</p>	<p>News &amp; This Day in History 11</p> <p>2 PM Remembrance Day Service War Movie Evening Reading Group</p>
<p>Chair Dancing 12 Learn about Diwali Lawrence Welk Salvation Army Church Service Post Cards/Pen Pals Around the World Stretches</p>	<p>Fun and Fitness 13 Manicures 1PM Shopping Walmart Christmas Crafting Tabletop Hockey</p>	<p>Fun and Fitness 14 Tuesday Trivia-Alphabet Game</p> <p>Grocery Ad Scavenger Hunt</p>	<p>Fun and Fitness 15 Wednesday Word Game-True or False 2PM Andy Forgie Friendly Visits 7 PM Lion's Club Bingo</p>	<p>Fun and Fitness 16 Remember When</p> <p>Armchair Travel</p>	<p>Fun and Fitness 17 Why Leaves Change Colour and Birds Migrate</p> <p>Tim Horton's Social B/S Proverbs Sing a Long Karaoke</p>	<p>Saturday Stretches 18 Things That Go Together</p> <p>Meet and Greet in the Dining Hall Bean Bag Twister Toss Guess The Celebrity</p>
<p>Sunday Morning Devotional 19 Readings Colouring Corner Lawrence Welk Eastminster Church Service Men's Group: Games Room Pub Night</p>	<p>Fun and Fitness 20 Music &amp; Hand Massages Guess the Flavour 1PM Shopping-Quinte Mall Who am I? (1950's) Evening Short Stories</p>	<p>Fun and Fitness 21 Tuesday Trivia-Finish the Saying Bowling What am I? Evening Fireside Tea and Talk</p>	<p>Fun and Fitness 22 Wednesday Word Game</p> <p>Lets Bake! 7PM Holiday Celebrations-Vicki Spurrell</p>	<p>Fun and Fitness 23 Sing the next Line 2PM United Church Communion Shuffleboard Dementiabilities: Flower Arrangements Finish The Movie Title</p>	<p>Fun and Fitness 24 10 AM Rosary &amp; Holy Communion 2PM Music with Cliff Christmas Manicures Christmas Movie &amp; Hot Cocoa</p>	<p>Spa Facial Masks 25</p> <p>Saturday Sock Hop B/S Dementiabilities: Puzzles Virtual Star Gazing</p>
<p>Sunday News &amp; Coffee Time 26 Lawrence Welk Maranatha Church Service Puzzles Snowflake Sparkle Art Chair Dancing</p>	<p>Fun and Fitness 27 Manicures 12:45 Music with Shirley 1PM Shopping-Giant Tiger Holiday Memories: Reminiscing 6PM Christmas Light Tour.</p>	<p>Fun and Fitness 28 Tuesday Trivia: What's That Sound? Pet Therapy</p>	<p>Fun and Fitness 29 Wednesday Word Game</p> <p>2PM Trenton Glee Club Holiday Mitten Memory Game Evening Unwind: Holiday Stories by the Fireplace</p>	<p>Fun and Fitness 30 Conversation Catch</p> <p>1:45 Recreation Meeting Music Appreciation</p>	<p style="font-size: 1.5em; font-weight: bold;">“A Fallen Leaf is nothing more than a Summer’s Wave Goodbye”</p> <p style="font-weight: bold;">Calendar is subject to change after printing</p>	

