

September 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

# Fifth Floor Activity Calendar

The Activity Calendar is subject to change after the time of printing.

<p><b>AM</b> 3 Word Games</p> <p><b>PM</b> Hymn Singing</p>	<p>Labour Day <b>AM</b> 4 Exercises &amp; Trivia 12:45 Music with Shirley </p> <p><b>PM</b> Back to School Reminiscing</p>	<p><b>AM</b> 5 Manicures &amp; Hand Massages 11:15 Yoga </p> <p><b>PM</b> Axe Throwing</p>	<p><b>AM</b> 6 Exercises &amp; Trivia </p> <p><b>PM</b> Target Golf</p>	<p><b>AM</b> 7 Friendly Visits</p> <p><b>PM</b> Art Therapy</p>	<p><b>AM</b> 8 Exercises &amp; Trivia</p> <p><b>PM</b>  Horse Races</p>	<p><b>AM</b> 1 Exercises</p> <p><b>PM</b> Loonie Bingo</p>	<p><b>AM</b> 2 Exercises &amp; Trivia </p> <p><b>PM</b> Outdoor Walks</p>
<p><b>AM</b> 10 Word Games</p> <p><b>PM</b> Church Service: MPR Salvation Army</p>	<p><b>AM</b> 11 Exercises &amp; Trivia Resident Council Meeting MPR </p> <p><b>PM</b> Baking</p>	<p>Resident Council <b>AM</b> 12 Manicures &amp; Hand Massages 11:15 Yoga</p> <p><b>PM</b>  Sing-a-long</p>	<p>Week August 11-17 <b>AM</b> 13 Exercises &amp; Trivia</p> <p><b>PM</b>  Bean Bag Number Toss</p>	<p><b>AM</b> 14 Friendly Visits/ Activity Prep 9:30/1:30 Drives</p> <p><b>PM</b> Art Therapy</p>	<p><b>AM</b> 15 Rosary Prayer &amp; Holy Communion</p> <p><b>PM</b>  Cold Creek Cloggers Pavilion</p>	<p><b>AM</b> 16 Ring Toss </p> <p><b>PM</b>  Music with Hisen MPR</p>	
<p><b>AM</b> 17 Word Games</p> <p><b>PM</b> Church Service: MPR Eastminister Church</p>	<p><b>AM</b> 18 Exercises &amp; Trivia</p> <p><b>PM</b>  Money Ball</p>	<p><b>AM</b> 19 Manicures &amp; Hand Massages 11:15 Calendar planning mtg 11:15 Yoga </p> <p><b>PM</b> Pet Therapy</p>	<p><b>AM</b> 20 Exercises &amp; Trivia</p> <p><b>PM</b> Recreation Dept Mtg Movie in The Lounge 7:00 Lions Club Bingo</p>	<p><b>AM</b> 21 Friendly Visits 9:30/1:30 Drives</p> <p><b>PM</b>  Bunko</p>	<p><b>AM</b> 22 Exercises &amp; Trivia</p> <p><b>PM</b>  Birthday Party</p>	<p><b>AM</b> 23 Arts &amp; Crafts</p> <p><b>PM</b>  Cody Vereecken Entertainer MPR</p>	
<p><b>AM</b> 24 Word Games</p> <p><b>PM</b> Church Service: MPR Maranatha Church</p>	<p><b>AM</b> 25 Exercises &amp; Trivia</p> <p><b>PM (1:30)</b>  Pet Therapy Travelling Tuck Cart</p>	<p><b>AM</b> 26 Manicures &amp; Hand Massages 11:15 Yoga</p> <p><b>PM</b> Resident Floor Meeting</p>	<p><b>AM</b> 27 Exercises &amp; Trivia </p> <p><b>PM</b> 1:30 Quinte Mall</p>	<p><b>AM</b> 28 United Communion MPR</p> <p><b>PM</b>  County Crows Bands MPR</p>	<p><b>AM</b> 29 Rosary Prayer &amp; Holy Communion</p> <p><b>PM</b> Loonie Bingo</p>	<p><b>AM</b> 30 Exercises &amp; Trivia</p> <p><b>PM</b>  Songs of Home MPR</p>	