



COMMUNITY SERVICES

A GUIDE TO COMMUNITY SERVICES
THROUGHOUT HASTINGS COUNTY

2025



EMPLOYMENT AND
FINANCIAL SERVICES



TRANSPORTATION
AND RECREATION



HOUSING AND
CHILDCARE



MEALS AND
CLOTHING

MEAL PROGRAMS

BANCROFT

Peer Support South East Ontario - Bancroft Peer Support Centre (Lifehouse)

23 Bridge St. West, Bancroft • 613-332-4056

Monday - Friday, 10:00 a.m. - 3:00 p.m.

- Free daily lunch - sign up by 11:00 am, lunch served at noon
- Free fruit available weekly
- Free laundry

St. John's Anglican Church

(\$6.00 Meal - \$6.50 Takeout)

21 Flint Avenue, Bancroft • 613-332-3662

Tuesday, 11:00 a.m. - 12:30 p.m.

BELLEVILLE

Eastminster United Church

Open Door Meal (Hot Meals) - Open for Everyone

432 Bridge Street East • 613-969-5212

Wednesday, 11:30 a.m. - 12:00 p.m.

Michelangelo's Cafe - Gleaner's Food Bank (Free)

25 Wallbridge Crescent • 613-962-9043

Monday - Friday, 9:00 a.m. - 12:00 p.m.

Free delivery to seniors and people with disabilities in Belleville with a referral. Access via call-in, walk-up window, or online at www.gleanersfoodbank.ca

Bridge Street Church

Free Lunch and Frozen Dinners

60 Bridge St. East • 613-962-9178

Daily Breakfast. 8:30 a.m. - 10:00 p.m. Daily Lunch, 11:30 a.m. - 1:00 p.m.

TGIF (Friday) Frozen Meal, Every Friday 11:30 a.m. - 1:00 p.m.

Register for TGIF at www.bridgestreetchurch.com

Salvation Army

Free Dinner 295 Pinnacle St. • 613-968-6834

Monday - Thursday, Saturday, 4:00 p.m. - 5:30 p.m.

Christmas Sharing Program (Seasonal)

Call for information • 613-969-1020

or apply online: www.christmassharing.org or email christmassharingprogram@bellnet.ca

Peer Support South East Ontario - Belleville Peer Support Centre (Freedom Centre)

391 Front Street, Belleville • 613-969-1772

Monday - Friday, 10:00 a.m. - 3:00 p.m. Saturday 9:00 a.m. - 2:00 p.m.

Saturday Breakfast sign-up by 10:15 a.m. - served at 11:00 a.m.

Lunch sign-up by 11:15 a.m. - served at 12 noon, free fruit available weekly

MEAL PROGRAMS

DESERONTO

Community Care Meal Program

297 Main Street, Deseronto • 613-396-6591
Monday - Friday, first come, first serve after 2:00 p.m.

MADOC

Peer Support South East Ontario- Madoc Peer Support Centre

56 Russell Street, Madoc • 613-473-4111
Monday - Friday, 9:30 a.m. - 2:30 p.m.
Free lunch - sign up by 11:00 a.m., lunch at noon
Free access to laundry machines

QUINTE WEST

Community Partners for Success

50 Elgin Street (Trenton) • 613-965-1167
Breakfast: Monday, Wednesday, Friday 9:00 am - 10:00 am
Dinner: Tuesday, Thursday 3:30 pm - 5:00 pm
Other Services: Emergency Food Hampers, Harm Reduction Programs, Clothing Donations

New Beginnings Support Centre (Lunch Program)

76 Dundas Street West (Trenton) • 613-394-3449
See Peer Support South East Ontario (pg. 13) for details.
Free lunch Monday- Friday at Noon (sign-up by 11:30 a.m.)

Trenton United Church (Lunch Program)

85 Dundas Street East (Trenton) • 613-392-6001
1st and 3rd Friday, 11:00 a.m. - 12:30 p.m.
Runs Year Round

St. George's Anglican Church (Free Lunch Program)

9 Byron Street (Trenton) • 613-394-4224 ext. 2
1st and 3rd Thursday, 11:30 a.m. - 12:30 p.m. Eat-In or Take-Out

St. James Anglican Church and Catherine's Kitchen (Free Lunch Program)

15 South Street (Trenton) • 613-438-3874
Monday - Friday, 11:00 a.m. - 12:30 p.m.
• Fridays have additional take-away lunch.

At the Crossroads Church (Free Hamper Program)

24 Dundas Street West (Trenton) • 613-392-8200
Contact about applying in November for the Hamper Program in December
www.hamperregister.com

FOOD BANKS

BANCROFT

North Hastings Children's Services

20 Hastings Heritage Way, Bancroft • 613-332-0179

Emergency Food Bank

- Call or check Facebook page for information on programs/times

North Hastings Community Cupboard Food Bank

2 Madawaska Street, Bancroft • 343-476-0177

Tuesday/Wednesday/Friday, 11:00 a.m. - 2:00 p.m.

Thursday, 4:00 p.m. - 7:00 p.m.

North Hastings Community Trust Food Share (Seasonal Wood Share also)

19 Valleyview Drive, Bancroft • 613-332-3657

Thursday, Friday, 10:00 a.m. - 3:00 p.m.

www.northhastingscommunitytrust.org

BELLEVILLE

Gleaners Food Bank

25 Wallbridge Crescent • 613-962-9043

Monday - Friday, 9:00 a.m. - 12:00 p.m.

Wednesday, 6:00 p.m. - 8:00 p.m.

- Call ahead to set up an appointment or register online at: www.gleanersfoodbank.ca

Salvation Army Secondary Food Bank

290 Bridge Street West • 613-968-6834

- By appointment only, bring ID, Monday, Tuesday, Thursday, 1:00 pm - 3:30 pm

COE HILL

Tri-Township Food Basket - Royal Canadian Legion Branch 581

5526, Hwy 620

12:00 p.m. - 2:00 p.m.

Every Wednesday- Bring ID

Gail: 613-337-8616

Sue: 613-337-5339

Judy: 613-474-1081

DESERONTO

Helping Hands Food Bank - Lion's Club

316 Edmon Street • 613-396-2440

3rd Thursday every month (please call ahead), 10:00 a.m. - Noon

FRANKFORD

Frankford Food Pantry

149 King Drive Wednesday Friday • 613-398-7681

Wednesday, 5:30 p.m. - 7:00 p.m. Friday, 10:00 a.m. - 12:00 p.m.

FOOD BANKS

LAKE ST. PETER

The Word of Life Outreach Food Bank

2016 Hwy 127 • 613-338-2121
Tuesday, 10:00 p.m. - 3:00 p.m.

MADOC

Helping Hands Food Bank

151 St. Lawrence St. East • 613-473-5255
Monday, 10:00 a.m. - 1:00 p.m., Tuesday 6:00 - 8:00 p.m.
Wednesday, 10:00 a.m. - 2:00 p.m., Thursday 1:00 - 4:00 p.m.
www.chsn.support/food-bank

MARMORA

Helping Hands Food Bank

37 Forsythe Street (Library) • 613-438-5407
Tuesday, 1:00 p.m. - 2:30 p.m.

MAYNOOTH

Maynooth and Area Food Bank

33064 Hwy 62 (Holy Trinity Anglican Church) • 613-338-2085
2nd and 3rd Thursday each month, 11:30 a.m. - 12:30 p.m.

STIRLING

Stirling & Area Christian Community Care - Community Cupboard

85 Station Street • 613-395-3952
Every Thursday except for the 1st Thursday of the month. 10:00 a.m. - 12:00 p.m. and
The 2nd and 4th Thursday every month 7:00 p.m. - 9:00p.m.

TRENTON

Care and Share Food Bank (Bring ID)

30 Pelham Street - #2 • 613-394-5551
Monday, Tuesday, Thursday, 10:00 a.m. - 12:30 p.m.
Every 3rd Thursday of the month, 6:00 p.m. - 8:00 p.m.

TWEED

Tweed Food Bank - Salvation Army

596 Moira Street • 613-478-5544
Wednesday, Friday, 11:00 a.m. - 3:00 p.m.

OTHER COMMUNITY FOOD PROGRAMS

THE HASTINGS AND PRINCE EDWARD LEARNING FOUNDATION

Provides universal programs and services that helps students overcome barriers and help them succeed in school in a non-stigmatizing way.

Student Emergency Fund is a program accessible through school principals that children and their families can access in emergency situations that are unexpected, unforeseen, and require immediate action so students can continue to fully participate in their learning.

Sharing Cupboards are currently available in 7 local schools which includes all secondary schools in HPEDSB, to provide a supply of nutritious food and household items for students to take home.

Food For Learning is available in all local schools, providing student nutrition programs including breakfast, lunch or snacks that welcomes all students, no questions asked or payment required.

For more information please contact Kellie Brace, Operations Manager:
kbrace@hpedsb.on.ca 613-966-1170 ext 62232 www.hpelearningfoundation.ca

COMMUNITY DEVELOPMENT COUNCIL OF QUINTE (CDC)

The aim of CDC programs is to support families by creating opportunities for self-help. Programs include: Good Food Box (GFB), Good Baby Box (GBB), and Community Gardens. For more details on any of these programs, call: 613-968-2466; visit 65 Station Street, Belleville; or online at: www.cdcquinte.com

Distribution Depots

- Bancroft - North Hastings Community Cupboard: 343-476-0177 (GFB)
- Bancroft - North Hastings Children's Services: 613-332-0179 (GBB)
- Belleville - Community Development Council of Quinte: 613-968-2466 (GFB) (GBB)
- Belleville - Community Health Centre: 613-962-0000 ext. 0 (GFB)
- Coe Hill - Wollaston Public Library: 613-337-5183 (GFB)
- Deseronto Community Care South Hastings: 613-396-6591 (GFB) (GBB)
- Frankford - Community Partners for Success: 613-848-3042 (GFB)
- Limerick Township Office: 613-474-2863 (GFB)
- Madoc - Central Hastings Support Network: 613-473-5255 (GBB)
- Madoc - COPE: 613-473-4158 (GFB)
- Marmara Pentecostal Church: 613-472-3219 (GFB) (GBB)
- Stirling Public Library: 613-395-2837 (GFB) (GBB)
- Trenton Military Family Resource Centre: 613-392-2811 ext. 2379 (GFB) (GBB)
- Trenton - Community Health Ctr.: 613-965-0698 ext. 0 (GFB)
- Trenton - Trent River School (Tues-Fri) 9:30 a.m.-12:00 p.m.) (GBB)
- Tyendinaga - Community Health: 613-967-3603 (GFB) (GBB)
- Tweed - Gateway Community Health Centre: 613-478-1211 ext. 333 (GFB) (GBB)

CLOTHING PROGRAMS

BELLEVILLE

St. Vincent de Paul (Minimal Cost)

205 Coleman Street • 613-966-8005
Monday - Friday, 10:00 a.m. - 5:00 p.m.
Saturday, 10:00 a.m. - 3:00 p.m

Belleville Pregnancy & Family Care Centre (Free Baby and Maternity Clothing and Equipment, Free Pregnancy Tests and Support, and Free Educational Programs)

200 Dundas Street East, Suite 204 • 613-969-7866 www.bpfcc.ca
Monday - Friday, 11:30a.m. - 4:30 p.m.

CENTRE HASTINGS

People Helping People (Free)

Call Ontario Works office for referral • 613-473-5258
Monday - Friday, 8:30 a.m. - 4:30 p.m.

DESERONTO

Community Care Closet (Minimal Cost)

297 Main Street • 613-396-6591
Tuesday - Friday, 10:00 a.m. - 2:00 p.m.

NORTH HASTINGS

New-To-You (Minimal Cost)

189 North Hastings Street, Bancroft • 613-332-2229
Monday - Friday, 10:00 a.m. - 4:00 p.m.

Choices Thrift Shop (Minimal Cost)

12 Flint Avenue, Bancroft • 613-332-0439
Monday - Friday, 11:00 a.m. - 3:00 p.m.

Word Of Life Outreach Church (\$10 to Fill Large Bag)

2016 Hwy 127, Lake St. Peter • 613-338-2121
Tuesday - Saturday, 10:00 a.m. - 3:00 p.m.

Bancroft Pregnancy Care Centre (Free Maternity/Baby Clothing, Formula, Diapers)

www.bancroftpcc.ca
35 Sherbourne Street North • 613-332-4673
Monday - Thursday, 10:00 a.m. - 4:00 p.m.

TWEED

Salvation Army (Minimal Cost)

596 Moira Street, Tweed • 613-478-1310
Tuesday - Friday, 10:00 a.m. - 4:00 p.m.
Saturday, 10:00 a.m. - 3:00 p.m.

CHILDREN'S PROGRAMS

CHILDREN'S SERVICES

Hastings County supports a wide variety of child care programs and services including: EarlyON and Family Centres; Licensed Centre-Based and Home Based Child Care Centres; Before and After-School Programs; Child Care Fee Subsidies (full or partial), the Canada-Wide Early Learning and Child Care (CWELCC), and Special Needs Resourcing. For more information on lowering your childcare fees or to apply for child care subsidy, please contact the Intake Access Centre at: 613-771-9630 or 1-866-414-0300 (Northern Hastings County) to determine need and eligibility.

For a complete listing of our child care programs, please visit www.hastingscounty.com

To register for Hastings County's Before/After School Program, contact Hastings County Children's Services at: 613-966-1311 x2612 or 1-800-267-0575.

BELLEVILLE

Sir John A. Macdonald's Before & After School Adventure Club

22 Harder Drive

Monday - Friday, 7:30 a.m. - 8:45 a.m. and 2:50 p.m. - 5:30 p.m.

St. Michael's School After School Program

273 Church Street

Monday - Friday, 2:30 p.m. - 5:30 p.m.

TRENTON

Trent River Before and After School Program

84 Dixon Drive, Trenton

Monday - Friday, 6:30 a.m. - 9:00 a.m.; 3:20 p.m. - 5:30 p.m.

FRANKFORD

Frankford School, School Age Program

36 Adelaide Street, Frankford

Monday - Friday, 7:30 a.m. - 9:15 a.m.; 3:35 p.m. - 5:30 p.m.

HOUSING SERVICES

HASTINGS COUNTY HOUSING SERVICES

Housing Services' mission is to provide safe, modest, affordable housing to low-income households in Hastings County.

Housing Services provides rent-geared-to-income housing, rent supplements, housing allowances, and other related programs to support our residents. As the designated Service Manager for Hastings County, Housing Services also manages the centralized waiting list.

Community Housing is located throughout Hastings County, in the following locations:

- Bancroft
- Belleville
- Coe Hill
- Deseronto
- Frankford (Quinte West)
- Madoc
- Marmora
- Stirling
- Trenton (Quinte West)
- Tweed

To apply for community housing, contact: 613-771-9630 or 1-866-414-0300.

To reach Housing Services staff, contact: 613-966-1311 or 1-800-267-0575.

Applications are available at any Community and Human Services office in Hastings County (see back cover for contact information), or by visiting our website at: www.hastingscounty.com

HOUSING RESOURCE WORKER PROGRAM

A program within Housing Services that supports individuals at risk of becoming homeless, provides living assistance, safety check-ins, and connects people with community supports. For more information or to make a referral, please contact 613-966-1311 or 1-800-267-0575.

HOUSING SERVICES

NEXT STEP HOUSING CONNECTION

Next Step Housing Connection provides intensive housing search support through the Intensive Case Management (ICM) program to individuals/families 16 years of age and older who are experiencing or facing homelessness in Hastings County. In-office and virtual appointments are offered by appointment only to eligible individuals who meet the ICM program criteria. Visit: www.nextstephousing.ca or call:

Belleville: 210-A Front St. 3rd floor (Youthab)

Monday - Friday 8:30 a.m. - 4:30 p.m. (closed 12:00-1:00 p.m.) 613-969-1748

Trenton: 81 Dundas St. W. (Career Edge);

Monday - Friday 8:30 a.m. - 4:30 p.m. (closed 12:00-1:00 p.m.) 613-392-9157 ext. 339

THE ENRICHMENT CENTRE FOR MENTAL HEALTH

The Enrichment Centre for Health provides transitional housing for a safe and affordable cooperative housing program for singles, youth, and seniors who are either homeless or at risk for homelessness for up to 364 days. The broader community of Hastings County is welcome to access:

- Employment support and counseling (15 years and older)
- Community counseling (24 years and older)
- Recovery support groups, including suicide bereavement

For further information contact: 613-969-8874

250 Sidney Street, Building 59, Belleville

YOUTH HABILITATION QUINTE (YOUTHAB)

Youthab offers a supportive housing program to young adults (16-24 years old). Services include:

The **Transition Home** is a life skills-based program supporting youth with their transition to independence.

The **Co-operative Housing Program** is a second-stage housing program that continues to support youth that have successfully completed the Transition Home Program.

For more information on these programs please visit: www.youthab.ca

or call 613-969-9765 Monday - Friday, 8:30 a.m.- 4:30 p.m.

HASTINGS COUNTY RENT CONNECT PROGRAM

Provides up-to-date rental listings in Hastings County at:

www.hastingscounty.com/rentconnect

If an in-person appointment is needed, please contact:

- 613-966-1311 x2508 (Belleville)
- 613-392-1387 x2216 (Quinte West)
- 613-473-5258 x3444 (Madoc); 613-332-3410 x6329 (Bancroft).

HOUSING SERVICES

TRANSITIONAL HOUSING RESOURCES

Quinte West Transitional Units

Available to families; can stay for up to 60 days while transitioning to permanent housing. Individuals will be referred to housing resources with the goal of securing permanent housing/accommodation before the end of their 60-day stay.

Contact: Quinte West Community and Human Services Office 613-392-1387.

Note: After Hours service is not available - must be referred during regular business hours.

Enrichment Centre for Mental Health

Vacancies are filled on a first come first serve basis and the length of stay is conditional upon the individual's efforts to achieve their goals. Rent is charged according to Ontario Works (OW) or Ontario Disability Support Program (ODSP) rental allowance rates. Individuals in the transitional housing program will be provided with the opportunity to work with a Enrichment Centre Counsellor, bi-weekly, on goals such as securing safe affordable housing, obtaining personal documents and finding employment. There are a total of 20 beds in designated seniors, male and female houses.

Anyone can be referred or refer themselves to the program. However, the potential individual must contact the Housing Program Manager to determine if they are a suitable fit for the program by setting up an intake appointment.

Referrals are made by calling the Enrichment Centre at: (613) 969-8874

Monday - Friday 8:30 a.m. - 4:30 p.m.

All-Together Housing Corporation

The Corporation owns and operates a five-unit building at 51 Victoria Avenue in Belleville and a 32-unit building at Great St. James for low-income individuals. Tenants are referred to our units and supported by community agencies that are members of our Quinte Community and Housing First Partnership. Contact: 613-210-0984, alltogether.housing@gmail.com.

LEGAL SERVICES

COMMUNITY ADVOCACY AND LEGAL CENTRE

Non-profit community legal clinic provides free legal information, advice and advocacy for low-income individuals throughout Hastings County. The clinic can help with problems with Tenant's Rights (Tenant Hotline and the Tenant Duty Counsel program), Income Assistance, Employment Problems, Sexual Harassment at work, Consumer and Debt, Human Rights and Discrimination, and Seniors' Legal Problems including wills and powers of attorney.

Call the Belleville office at (613) 966-8686 or 1-877-966-8686, use our online form <https://bit.ly/calc-help>, or email us at contact@calc.clcj.ca to request help or to make an appointment to meet with us in any of our offices.

Belleville, 158 George Street (Level 1)

Monday - Friday 9:00 a.m. - 12:00 p.m. and 1:00 p.m. - 5:00 p.m.

We have part-time satellite offices in Trenton, Madoc, Bancroft, Marmora and Tweed. Call our Belleville office to arrange an appointment in any of these offices.

For more information, please visit: www.communitylegalcentre.ca

LEGAL AID ONTARIO

Services provided by Legal Aid Ontario include:

- Advice Lawyers - lawyers can give advice on family or criminal law on the phone (20 minutes of free advice) or you can get family law advice in person at local Family Law Information Centre (FLIC), Belleville, 1-800-668-8258. Drop-in clinic, Family Advice Lawyer, Quinte Courthouse, Room 1306 have temporarily suspended in-person appointments.
- Certificates - given, if you qualify, for representation non family, criminal, or immigration law matters
- Duty Counsel- services are offered in most courts
- Telephone Applications for Certificates

To find out more about Legal Aid services, please call the Client Service Centre at 1-800-668-8258. TTY, call 1-866-641-8867. Press "O" and ask to speak to a client service representative or visit: www.legalaid.on.ca

EMPLOYMENT & FINANCIAL SERVICES

ONTARIO WORKS

Applications for Ontario Works are completed online or over the phone:

- Apply online, 24 hours/day - English: Ontario.ca/socialassistance
- French: Ontario.ca/aidesociale
- Call toll-free: 1-888-999-1142 Monday-Friday 8:30 a.m. - 5:00 p.m.
- Call toll-free TTY: 1-800-387-5559
- Contact the Intake Access Centre at: 613-771-9630 or 1-866-414-0300

For general inquiries about Community and Human Services programs and services, or to submit documents via attachment, email: inquiry@hastingscounty.com

**After-Hours Emergency Homelessness Services: 1-877-528-9514
(Monday-Friday 4:30 p.m. - 8:30 a.m., 24-hours on Weekends/Holidays)**

In addition to referrals to Employment Ontario for employment assistance activities, Ontario Works provides Life Stabilization supports such as connection to community, personal safety, health, and life skills services, resources, and programs.

EMPLOYMENT ONTARIO AGENCIES

Employment Ontario Agencies also offer employment services at these sites:

- Bancroft - Community Employment Services - 195 Hastings St. N. - 613-332-1743 ext. 1
- Belleville - Community Employment Services - 54 Dundas St. E. - 613-966-0205
- Belleville - Meta Employment Services - 161 Bridge St. W. - 613-966-9069
- Belleville - Career Edge (Youth only) - 210A Front St. - 613-969-0830
- Belleville - Enrichment Centre for Mental Health - 250 Sidney St., Building 59 - 613-969-8874
- Belleville - Agilec - 470 Dundas St. East, Unit 7 - 613-779-0494
- Trenton - Career Edge - 81 Dundas St. - 613-392-9157

COMMUNITY TRUSTS

Community Trusts provides assistance to low-income residents. There are three contacts for Community Trust:

Belleville: 613-962-3070

Central Hastings (People Helping People): 613-473-5258

TRANSPORTATION SERVICES

BELLEVILLE TRANSIT

Main Intercity Terminal: 165 Pinnacle Street

Belleville Transit operates 7 days a week, servicing the urban area of the City.

For schedules and further information call 613-962-1925 or visit the website:

www.city.belleville.on.ca and click on: Transit.

CENTRAL HASTINGS PUBLIC TRANSIT

The Phase 1 Route travels through the municipalities of Central Hastings, Marmara and Lake, and Stirling-Rawdon into the city of Belleville through an "on-demand" service. The Phase 2 Route passes through Madoc Township and the Municipality of Tweed, and then into the city of Belleville.

Call 613-473-5255 or text 613-661-5254 (Monday - Thursday 9:00 a.m. - 4:00 p.m.,

Friday 9:00 a.m. - 12:00 p.m. to book your rides. 48 hours notice required.

Service available 7:00 a.m. - 7:00 p.m., Monday - Friday. Visit the website: chsn.support/transit

DESERONTO TRANSIT

Deseronto Transit (OT) provides public transportation services to destinations including Deseronto, Napanee, Belleville, Tyendinaga Mohawk Territory.

Monday - Friday 5:00 a.m. - 7:00 p.m. No weekend service.

Visit: www.deseronto.ca and click on Residents, then click Transit.

QUINTE TRANSIT (QUINTE ACCESS)

There are 4 transit routes that travel within Trenton ward of Quinte West and 2 regional routes (Trenton - Belleville, Picton - Belleville). On-demand service available. For schedules and further information call 613-392-9640 (choose option 1)

or visit the website: www.quintetransit.ca and click on Public Transit.

NORTH HASTINGS TRANSIT

Bancroft Community Transit is a non-profit organization providing a door to-door transportation service by volunteer drivers.

Monday - Friday 9:00 a.m. - 4:30 p.m. (closed 12:00 p.m. - 1:00 p.m.)

For schedules and further information call 613-332-8291 or visit the website: www.bancroftcommunitytransit.com

All ride requests must be placed by 12:00 p.m. the (business) day before.

RECREATION SERVICES

PLAYING FOR KEEPS (THE CHILDREN'S FOUNDATION)

Playing for Keeps subsidizes registration fees for sports and other recreational activities for children when finances are a barrier to participation. Through an easy online format, families can apply to have a portion of fees sent directly to the program or organization. Any family being supported by Highland Shores Children's Aid or living with low income is welcome to apply. For further information contact The Children's Foundation at 613-962-9292. www.thechildrensfoundation.ca (online application)

CAMPS OF HOPE

Camps of Hope subsidizes registration fees for families in need. It provides children with an opportunity to develop their social skills, self esteem, self-confidence, independence, and leadership skills. The Camps of Hope program is available year-round for both day camps and overnight experiences for youth ages 4-18. For further information contact the Children's Foundation at 613-962-9292. www.thechildrensfoundation.ca (can apply online)

BELLEVILLE YOUTH CENTRE

The Belleville Youth Centre (BYC) runs a variety of free recreation programming year-round from Monday to Thursday for youth aged 10- 24. They are a safe, inclusive space for all youth looking for opportunities to have fun and connect with peers. The BYC is located at 19-21 Wallbridge Crescent in Belleville. For more information, please contact 613-922-3867.

QUINTE WEST YOUTH CENTRE

A safe, inclusive, and welcoming space dedicated to empowering the youth (10-18) of Quinte West. Providing opportunities for growth within each youth through need-based programming.

Dinner available between 5:00 p.m. - 7:00 p.m.
Tuesday - Friday 3:00 p.m. - 8:00 p.m.
2 Wooler Road, Trenton. 613-392-6946
www.qwyc.ca

URGENT SERVICES

DOMESTIC VIOLENCE RESOURCES

If you are living in a violent or abusive situation, Ontario Works can help. For financial assistance please call: 613-966-1311 or 1-800-267-0575.

- Money may be provided to help you move out immediately
- Money may be provided to help you set up a home in the community if you are leaving an abusive home, an interval home, or a shelter.

Three Oaks Safe Shelter, second-stage housing, and services for women and children experiencing intimate partner violence. 24-hour crisis line: 613- 966-3074 or 1-800-267-0533 www.threeoaks.ca

Maggie's Resource Centre of North Hastings Provides transitional housing and support programs for women in crisis including the Investing in Women's Futures Program. Call: 613-332-3010 (after-hours services available).

Red Cedars Shelter

Shelter and services for women and children leaving abusive situations. 24-hourCrisis Line: 1-800-672-9515 Office: 613-967-2003

Interval House (Napanee)

Shelter and services for abused women and their children for up to 6 weeks. 24-hour Crisis Line: 1-800-667-1010 Business Line: 613-354-0808 or text: 613-449-1080.

MENTAL HEALTH SERVICES

Enrichment Centre for Mental Health

Provides various free programs and services for people with mental health issues such as: emergency housing; return-to-work program; group programs and individual counselling; assertive telephone outreach program.

Monday - Friday 8:30 a.m. - 4:30 p.m. www.enrichmentcentre.ca
250 Sidney Street, Building 59, Belleville 613-969-8874

CMHA Hastings Prince Edward Addictions and Mental Health Services

Provides a range of client-centered addictions and mental health services and supports throughout Hastings and Prince Edward Counties to individuals 16 and older.

www.cmhahpe.ca View programs at: www.cmhahpe.ca/programs-and-services/

Monday - Friday 8:30 a.m. - 4:30 p.m. excluding holidays
Belleville (Main Office) 250 Sidney Street, Suite 101, 613-967-4734
Bancroft 1P Manor Lane, Unit 4, 2nd Floor 613-332-3826
Madoc 7-52 Lawrence Street East 613-473-9914
Trenton 24 Dundas Street East 613-394-1655
Men's Treatment Residence: 613-962-7838
Court Diversion: 613-968-1111

Crisis Line: 613-969-7400 ext. 2753 or 1-888-757-7766 - 24 hours/day, 7 days/week (walk-in service, virtual, and in-person counselling available)

Suicide Crisis Help Line: 9-8-8

Regional Coordinated Access: accessmha.ca: Referral/access to services related to mental health and substance use health in Hastings County.

URGENT SERVICES

Peer Support South East Ontario (PSSEO)

Provides peer support for individuals 16+ living with addictions and/or mental health barriers. There are 4 Peer Support Centres within Hastings County. The Centres offer safe, non-judgmental, non-clinical peer support, wellness-based groups and activities, free lunch/laundry/coffee, computer access, and harm reduction services (needle exchange and naloxone).

Peer Support Centres are located at:

Bancroft: 23 Bridge Street West, 613-332-4056 Weekdays 10:00 a.m. - 3:00 p.m.

Belleville: 391 Front Street, 613-969-1772 Weekdays 10:00 a.m. - 3:00 p.m.,

Saturday 9:00 a.m. - 2:00 p.m.

Madoc: 56 Russell Street, 613-473-4111 Monday - Thursday 9:30 a.m. - 2:30 p.m.

Trenton: 76 Dundas Street West, 613-394-3449 Weekdays 10:00 a.m. - 3:00 p.m.

PSSEO also provides community peer support on a one-to-one basis, for those with barriers to Support Centre access. The Transitional Discharge Model of peer support connects individuals with one-to-one peer support following discharge from inpatient mental health units.

PSSEO also has Virtual Peer Support available through www.psseo.ca where contact and additional service information is located.

Sexual Assault Centre for Quinte & District

For individuals aged 16 and over, offering confidential, non-judgmental support for survivors of sexual violence. Each year, the Sexual Assault Centre for Quinte & District (SACQD) helps hundreds of clients deal with the devastating effects of sexual violence. Through our counseling and support groups, Paths of Courage Residential Healing Program, SACQD staff and volunteers reach out to survivors and their families. The Paths of Courage Residential Healing Program is OPEN to all residents of Ontario.

613-967-6300 www.sacqd.com

In-person and virtual appointments available.

EMERGENCY SHELTER RESOURCES

Grace Inn Shelter

Shelter and services (breakfast, lunch, and system navigation) for adult guests ages 18 and over.

21 bed shelter with 16 beds available for male identifying and 5 available for female identifying individuals. Business Line: 613-966-2898

Intake at 9:00 p.m. and discharge at 8:00 a.m. info@graceinnshelter.com

Drop-In Centre

Open seven days a week from 8:30 a.m. - 7:30 p.m. and provides basic needs for those experiencing homelessness in the Belleville area.

Services include: washrooms, showers, laundry, indoor space, breakfast, lunch, toiletries, phone, computer access, connections to community services.

60 Bridge St E, Belleville ON

For more information, please call the John Howard Society at 613-968-6628.

COMMUNITY SERVICES

ABIGAIL'S LEARNING CENTRE

Services and supports for young children, youth, and families, including education, food programs and licensed childcare.

Parenting, life skills, and cooking skills programs are available.

119 Station Street, Belleville 613-961-1884 Monday - Friday 7:00 a.m. - 4:30 p.m.

INDIGENOUS SERVICES

For a list of Indigenous Services, please refer to the Guide for Indigenous Families and Children by following the link: www.kflachildrenandyouthservices.ca/aboriginal-guide/

QUINTE IMMIGRATION SERVICES

For the range of free services available for newcomers of all statuses and their families in the Quinte area, please visit: www.quinteimmigration.ca or call 613-968-7723 ext. 0 to book an appointment.

Open Monday - Friday, 8:00 a.m. - 4:00 p.m. 345 College Street East, Unit 2, Belleville.

211

211 is Canada's primary source of information for government and community-based, non-clinical health and social services. The free and confidential service can be accessed 24 hours/day, in more than 150 languages by phone, chat, text, and web (211.ca).

211 helps connect people to the right information and services, making their pathway to care and resources a guided and trusted one.

HELPSSEEKER

Helpseeker is a free smartphone app that connects you to over 500 local support services, including mapping of locations.

HEART OF HASTINGS HOSPICE

Provides hospice services, and grief and bereavement support for adults and children, as well as caregiver support.

They also have medical/mobility equipment lending program available to the community.

613-473-1880 www.heartofhastingshospice.ca

17 McKenzie St., Madoc Monday - Friday, 8:00 a.m. - 4:00 p.m.

HOSPICE QUINTE

Provides free, compassionate care and support to individuals, their families, and caregivers.

Stan Klemencic Care Centre, 1244 Old Highway 2, Belleville 613-966-6610

www.hospicequinte.ca

COMMUNITY SERVICES

BELLEVILLE PREGNANCY AND FAMILY CARE CENTRE

We provide confidential, non-judgmental support for those facing an unexpected pregnancy or challenges during pregnancy. Free pregnancy tests and information on pregnancy and options are available. Educational programs are offered for expectant and new parents in prenatal, postnatal, healthy relationships, parenting, dad's support, and post-abortion care.

Material assistance including maternity wear, baby clothes, and equipment.

Ongoing support available before and after delivery.

Call or text: 613-969-7866 www.bpfcc.ca 200 Dundas Street East, Suite 204, Belleville

Services are available in Belleville, Bancroft, Madoc, and Quinte West.

COMMUNITY CARE FOR CENTRAL HASTINGS

Community Care for Central Hastings (CCCH) is a volunteer-based agency that provides services to seniors and adults with physical disabilities in Stirling, Tweed, Madoc, and Marmora. CCCH's mission is to provide programs and services that support clients to remain in their own homes as long as possible, and improve quality of life while they are in their home. CCCH strives to achieve these goals through the following programs:

- **Meals on Wheels** - Hot and frozen meals, home-cooked in the CCCH kitchen. Delivery every Tuesday and Thursday in Stirling, Tweed, Madoc, and Marmora
- **Homemaking and Home Maintenance** - Provides seniors with assistance with indoor tasks (house cleaning, laundry) and outdoor tasks (snow shoveling, yard work)
- **Transportation** - Volunteer drivers provide seniors with transportation to appointments
- **Foot Care Clinics** - A Registered Foot Care Nurse provides foot care to seniors at the CCCH office in Tweed

For more information, please call: 613-478-2224 or visit www.ccch.ca

310 Victoria St. N., Tweed Monday - Friday 8:30 a.m. - 4:00 p.m.



OFFICE LOCATIONS & CONTACT INFORMATION

BANCROFT - ONTARIO WORKS

1 Manor Lane, Level 2, Suite 3, P.O. Box 1860 Bancroft, ON K0L 1C0

Tel: 613-332-3410 Fax: 613-332-5550

Toll Free: 1-866-569-1941

BELLEVILLE - ONTARIO WORKS/CHILDREN'S SERVICES/HOUSING SERVICES

228 Church Street -Postal Bag 6300 Belleville, ON K8N 5E2

Tel: 613-966-1311 Fax: 613-966-4598

Toll Free: 1-800-267-0575

QUINTE WEST - ONTARIO WORKS/HOUSING SERVICES

91 Creswell Drive Trenton, ON K8V 3G5

Tel: 613-392-1387 Fax: 613-392-2876

Toll Free: 1-866-819-9023

MADOC - ONTARIO WORKS

56 Russell Street North - P.O. Box 1007 Madoc, ON K0K 2K0

Tel: 613-473-5258 Fax: 613-473-1027

Toll Free: 1-866-434-4024

Ontario Disability Support Program (ODSP) 613-962-9562 or 1-800-267-4355

To apply for financial assistance in Hastings County, apply online at www.ontario.ca/socialassistance (English); www.ontario.ca/aidesociale (French) or 1-888-999-1142 or call our Intake Access Centre: 613-771-9630 or 1-866-414-0300



*Please note: Information in this booklet may change at any time. For the most current information, please call the agency directly, or visit the Hastings County website (www.hastingscounty.com) and click under Communities and then Resources to find booklet or follow QR Code above.

Send corrections/updates to booklet to: mcewenl@hastingscounty.com